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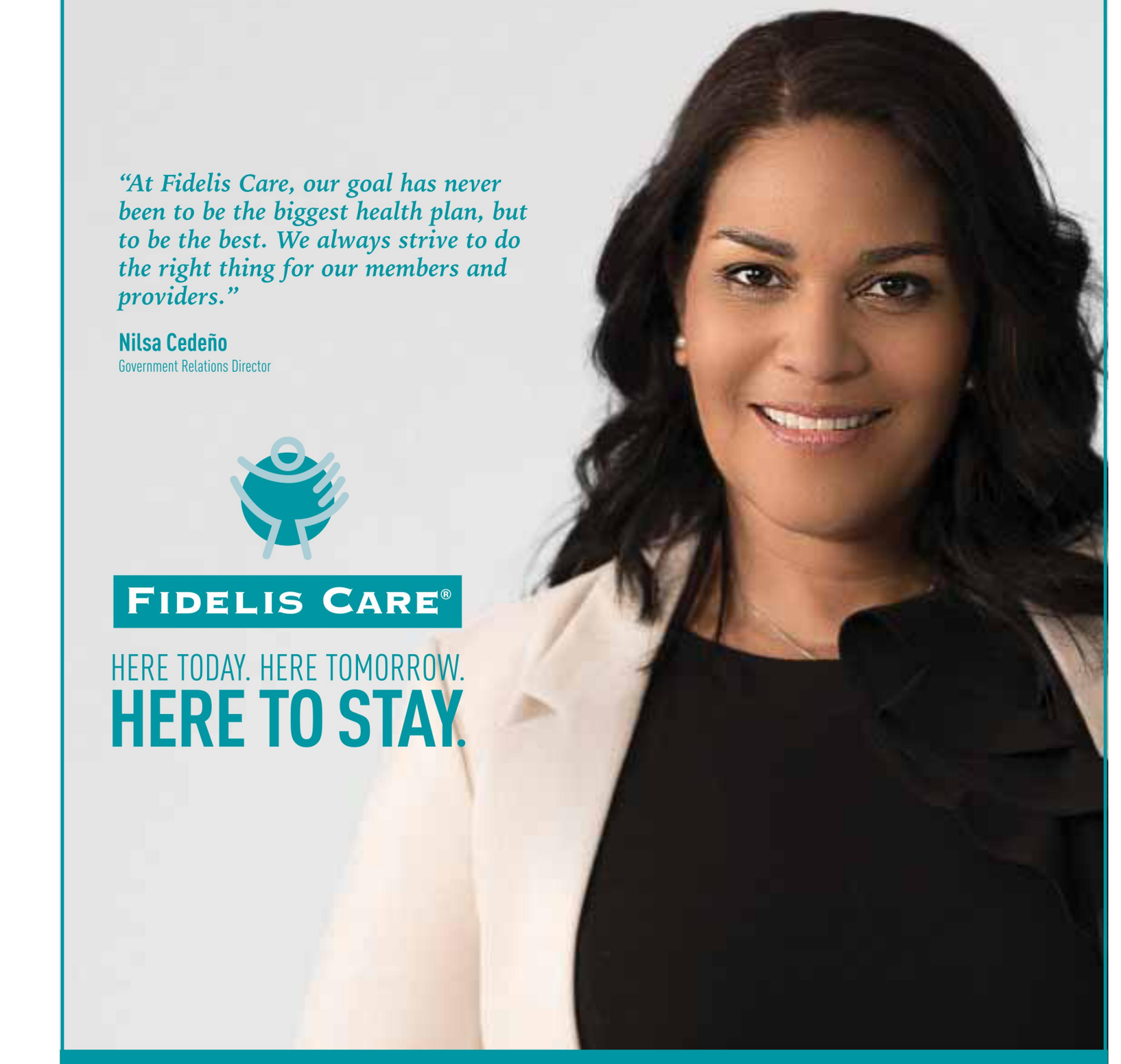

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PUNK'N INSULT

Loyalists of iconic punk rock club CBGB were upset over retail giant Target's similarly designed storefront logo for its East Village store. 4-5

EARL DOUGLAS

WALK ON THE MOON

Take a free virtual reality spacewalk at Samsung 837. 14

Toronto police seek motive in shooting that killed two, injured 13. 10-11

Market on Mets' Asdrubal Cabrera heating up. 17

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5 THINGS TO KNOW

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KRISTIN TOUSSAINT, REPORTER

Everyone knows CBGB. To some, the now-closed East Village club is so revered, any ill use of its logo or influence is sacrilege. Well, Target opened up a new Manhattan store over the weekend and ended up touching some of those nerves. For a one-day pop-up on Saturday, the new East Village Target was adorned with an awning reminiscent of the iconic CBGB one, and New Yorkers did not hold back about how that made them feel. See what they had to say, and what Target said in response, inside and at **metro.us.**

1 HEAVY RAINS DRENCH MID-ATLANTIC REGION

Heavy rain slammed the mid-Atlantic United States on Monday, delaying flights, forming sinkholes and causing flash floods that shut Pennsylvania's Hersheypark theme park. The National Weather Service (NWS) issued flood warnings and watches from eastern North Carolina to southern New York state, with the region expected to receive 3 to 5 inches of rain on Monday, after areas were soaked with up to 7 inches over the weekend. The next several days will be quite wet from heavy rain across the region, threatening more flash flooding, said NWS forecaster Sean Ryan. Hersheypark and its adjoining ZooAmerica attraction in Hershey, Pennsylvania, a city about 100 miles west of Philadelphia, closed Monday due to floods. "Unfortunately, due to the excessive rainfall over the past three days and localized flooding, Hersheypark and ZooAmerica will be closed Monday, July 23, for the safety of our employees and guests," theme park officials said on Twitter on Monday. It was not immediately clear when the parks will reopen.

2 TRUMP THREATENS SECURITY CLEARANCES

The White House on Monday threatened to strip six former U.S. intelligence and law enforcement officials, including Obama-era CIA director John Brennan, of their security clearances as President Donald Trump considers striking back at critics of his summit meeting last week with Russian President Vladimir Putin. The threat against Brennan and former senior U.S. officials James Comey, James Clapper, Michael Hayden, Susan Rice and Andrew McCabe represented an extraordinary politicization of the U.S. government's security clearance process. White House spokeswoman Sarah Sanders said Trump is "exploring the mechanisms" to remove the security clearances. Sanders said the officials have "politicized and in some cases monetized their public service and security clearances, making baseless accusations of improper contact with Russia or being influenced by Russia." After Trump gave credence, following his summit in Helsinki, to Putin's denials about Russian meddling in the 2016 U.S. election despite findings by the American intelligence community, Brennan called Trump's remarks "nothing short of treasonous."

3 EL SALVADORAN MOTHER AND SON SEPARATED SINCE JUNE 13 AT US BORDER REUNITED AT BWI AIRPORT

Seven-year-old Andy is reunited with his mother, Arely, at Baltimore-Washington International Airport on Monday in Linthicum, Maryland. Originally from El Salvador, the mother and son were separated upon entering the United States on June 13 with Arely being detained at the Port Isabel Detention Center in south Texas, and Andy being detained in New York. A court-ordered July 26 deadline is approaching for the U.S. government to reunite as many as 2,551 migrant children ages 5 to 17 that had been separated from their families after they crossed into the U.S. along the border.

GETTY IMAGES

4 RYAN LOCHTE BANNED FOR ANTI-DOPING VIOLATION

Six-time Olympic gold medalist swimmer Ryan Lochte has been suspended for 14 months after receiving an intravenous infusion of a permitted substance without a therapeutic use exemption, the U.S. Anti-Doping Agency (USADA) said on Monday. Lochte, who was expected to compete at this week's national championships in California, posted a photo on social media in May that depicted himself receiving the infusion, which triggered an investigation by the USADA. According to a USADA statement, Lochte was not using a banned substance but that it prohibits such infusions or injections in excess of 100 mL within a 12-hour period unless received with hospital treatment, surgery or clinical diagnostic investigations. The 33-year-old's period of ineligibility began on May 24, the date of the infusion, and will keep him from competing in Japan next month and in South Korea next July. In 2016, Lochte admitted he "over-exaggerated" about a tale of being robbed and held at gunpoint after a party during the Rio Games. A 12-time Olympic medalist, Lochte fully cooperated with the USADA investigation.

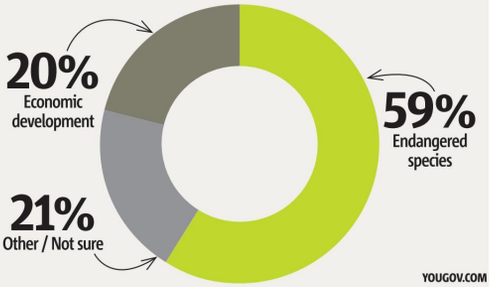
5 STORMY DANIELS HEADED FOR DIVORCE: LAWYERS

The husband of adult-film actress Stormy Daniels, whose allegation of a onetime sexual liaison with President Donald Trump triggered a legal imbroglio and made her a household name, has filed a petition for divorce, her lawyer said on Monday. The Twitter statement from attorney Michael Avenatti contained few details of the divorce petition other than to say it was filed last week and to assert that its accuracy was "vehemently disputed." "My client Stormy Daniels and her husband Glen have decided to end their marriage," Avenatti tweeted. "Stormy's daughter remains her No. 1 priority. She kindly asks for privacy for the sake of her family." Avenatti, who has himself gained prominence representing Daniels in her court battle with Trump, did not immediately respond to queries from Reuters seeking further comment. Daniels, whose real name is Stephanie Clifford, married heavy-metal rock drummer Glendon Crain in 2015 after the two had been together for several years, according to media reports.

STATS

ENDANGERED SPECIES

The Trump administration has announced plans to make significant changes to the Endangered Species Act. The act protects endangered and threatened animals, but some argue that it restricts economic development in areas where these animals live. Which do you think should be given more weight — endangered species or economic development?



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A new Manhattan Target opened in the East Village with this CBGB-esque sign reading TRGT. EARL DOUGLAS

Target punk'd up with its CBGB-like awning logo: New Yorkers

Some locals are upset over the retail chain's take on the legendary punk rock club.

KRISTIN TOUSSAINT
kristin.toussaint@metro.us

A new Manhattan Target popped up over the weekend with an awning reminiscent of the old New York City punk icon CBGB, and New Yorkers are not entirely thrilled.

CBGB, if you don't know, was an epochal East Village music venue, home to historic performances by the Ramones, Blondie, Joan Jett and more and reminiscent of the gritty East Village of yesteryear. The club closed in Oct. 2006, burdened by rising rents, taking its iconic CBGB banner with it.

But now, a new banner has appeared in the East Village at 14th Street and Avenue A that instead of reading CBGB, read TRGT, as first reported by EV Grieve.

The Manhattan Target, at 500 East 14th Street, is approximately 27,000 square feet over two levels, according to the company. The East Village location was first announced in 2016, and appeared to have had its official opening over the weekend, at which the CBGB-esque banner was unveiled..

Critics say the new Target "spits in the face" of what CBGB stood for.

Some New Yorkers have not responded kindly to the Target banner's homage to CBGB.

"Full disclosure: I actually shop at Target," one person tweeted. "But this — as part of the new store in the East Village — spits in the face of everything CBGB stood for."

"This is a stunt that probably sounded cute in brainstorming, didn't consider the larger meaning of what it represents."
PR Firm Adam Ritchie Brand Direction

Jeremiah's Vanishing New York called it "what might be the

The original CBGB, as it was during the '80s GETTY IMAGES

CBGB, once located at 315 Bowery, is now a John Varvatos retail store. GETTY IMAGES

most deplorable commodification of local neighborhood culture I've ever witnessed."

"This is a stunt that probably sounded cute in brainstorming, didn't consider the larger meaning of what it represents, upset true believers but will probably succeed anyway because a lot of people just want to pose for a selfie with a giant red guitar," tweeted PR Firm Adam Ritchie Brand Direction.

Even previous CBGB name owner Tim Hayes weighed in, telling Gothamist that "Everyone and anyone involved in this is wildly out of touch with the people of the neighborhood and their cultural values."

But some New Yorkers saw the TRGT / CBGB homage as just another sign of times changing, which Target isn't the only entity guilty of commodifying.

"Some purists are upset that Target opened up their East Village location with a temporary recreation of CBGB's facade," one person tweeted. "Is it any worse than The Stooges' music in an Audi commercial, The Ramones' in a One Peloton ad, or a $265 Black Flag shirt at BarneysNY? Hmm."

"[B]efore you get mad at Target," tweeted another, "remember that CBGB's rebranded itself as a fashion brand in 2006 after the location closed."

This isn't the only time the iconic CBGB awning has been used for such commercial gain. In 2015, a CBGB restaurant opened in the Newark Airport, known as CBGB L•A•B (LoungeAndBar).

The TRGT / CBGB awning is already down (though the image of the Manhattan Target storefront is still circulating the internet). A Target spokesperson confirmed that the awning was part of a one-day popup for the store's opening on Saturday and meant to pay homage to the New York neighborhood.

"When Target opens a new store, we often host a one-day celebration that shows the neighborhood how excited we are to be part of their community. Our goal is to connect with our newest guests and, in this case, celebrate the heritage of the East Village," said Target representative Jacque DeBuse in an email. "We sincerely apologize if some event-goers felt it was not the best way to capture the spirit of the neighborhood. We always appreciate guest feedback and will take it into consideration as we plan for future opening events."

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NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many* treatments ... especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy

"Radiofrequncy Neurotomy" is often referred to as RF for short. Just what is "RF".

RF is a procedure that is based on the concept that blocking the nerve supply to the painful area may alleviate pain and restore function.

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Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves and slow down the pain

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "impaits" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months… 12 months…. 18 months for some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

While we cannot claim this is a complete "permanent cure" ... it can be a godsend for so many who were in constant pain.

Really... what would it be worth if you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good night's sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is *not surgical.*

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

Major Savings In Time And Costs Of Care?

NYC Pain MD's method allows you to avoid expensive

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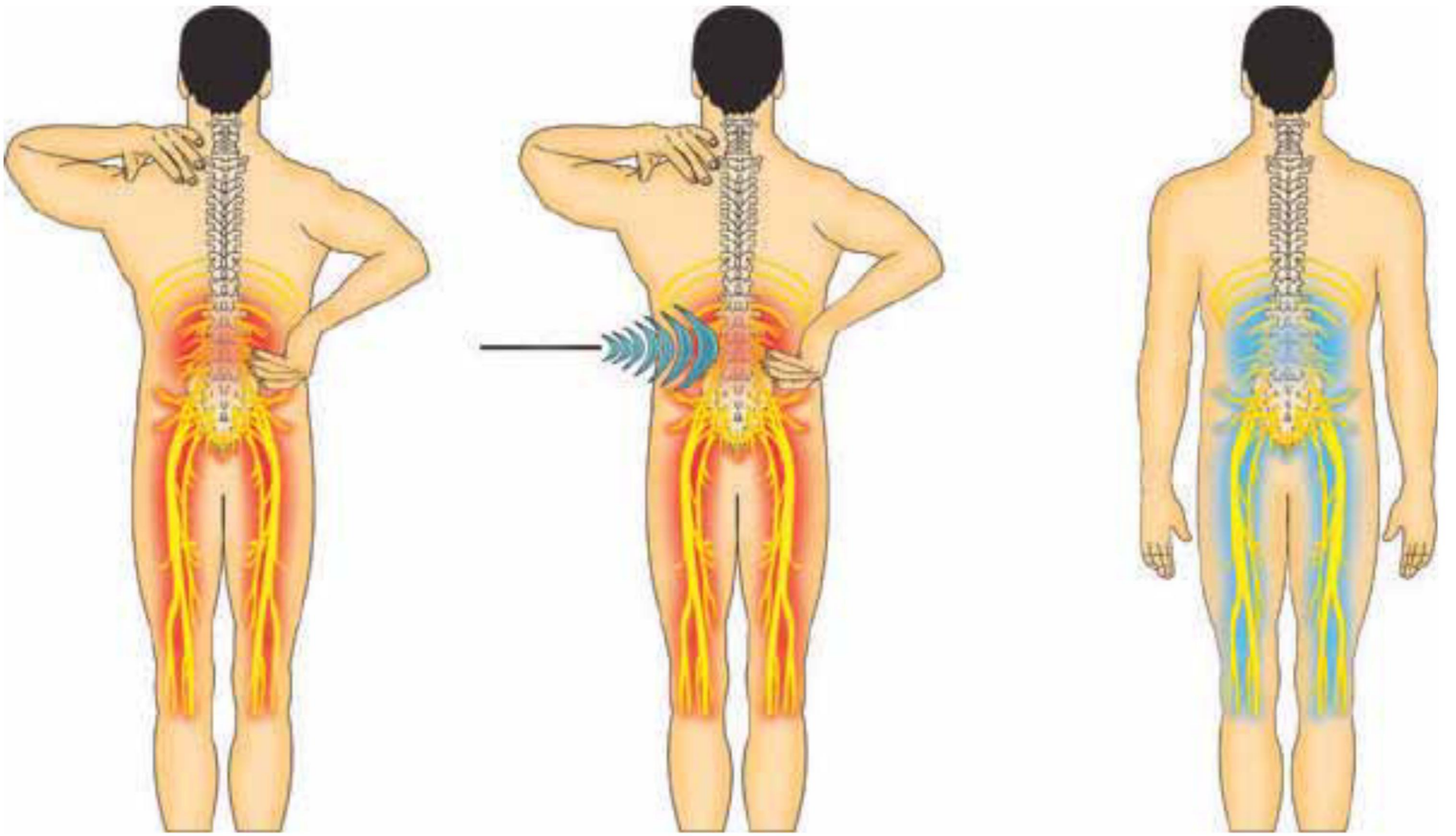

Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many

hospital or out patient surgi-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the *NYC Pain MD* treatments can be done in our in-office procedure suites saving you stress, time and dollars.

NYC Pain MD believes this additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at their advanced medical center.

Your Invitation

NYC Pain MD offers limited number of complimentary back and neck pain screenings every month. These screenings are a way for pain sufferers to get some of their questions answered and see if they are candidate for one of the cutting-edge treatments offered at *NYC Pain MD*. If you would like complimentary screening, just call 877-503-8540 and tell the scheduling co-ordinator who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

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Flatiron returning to normal after Thursday's explosion

Some streets have reopened to traffic and nine buildings have been cleared for re-occupancy.

NIKKI M. MASCALI
nikki.mascali@metro.us

Things are beginning to "normalize," according to the OEM.
BENJAMIN KANTER / MAYORAL PHOTO OFFICE

While city agencies continue to operate in the vicinity of Thursday's Flatiron steam pipe explosion, things are beginning to "normalize," the Office of Emergency Management (OEM) said.

The explosion occurred during the morning rush hour commute in the vicinity of West 21st Street and Fifth Avenue, and resulted in the closure of several nearby streets, disruptions and reroutes on buses and subways and the closure of 49 buildings in the vicinity.

Of those buildings, 28 were of "greatest concern," Mayor Bill de Blasio said last week as the Flatiron steam explosion spewed debris containing asbestos onto streets and building facades. Though the air cleared quickly from harmful asbestos, the nearby buildings needed to be assessed to see if the dangerous material entered the buildings and AC units.

As of Sunday night, nine buildings are cleared for re-occupancy, the OEM said. They include: 119 Fifth Avenue; 146 Fifth Avenue; 162 Fifth Avenue; 9 West 19th Street; 9 West 20th Street; 19 West 21st Street; 22 West 21st Street; 7 East 20th Street; and 11 West 19th Street, which includes 17 West 19th, 10 West 20th and 16 West 20th.

Any resident who sees visible asbestos contamination in their apartment from the Flatiron steam pipe explosion is asked to contact Con Edison by calling 212-358-4565 or visiting the agency's reception center at the Clinton School at 10 E. 15th Street.

Additionally, the "hot zone" following the steam pipe explosion has been reduced as 18th, 19th and 22nd Streets have reopened to traffic, the OEM said. While Fifth Avenue between 20th and 21st Streets is still closed to pedestrians and vehicles, it is open for bus traffic, though the buses skip all stops between 18th and 23rd Streets.

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Trevor Noah faces backlash in Australia over offensive indigenous joke

GETTY IMAGES

Comedian Trevor Noah is facing calls for a boycott of his "Tour Down Under" over an offensive joke he told in 2013 calling all indigenous Australian women ugly, even after he acknowledged on Monday that he had done wrong.

Noah, host of the popular Daily Show in the United States, responded after an indigenous Australian highlighted a clip of a stand-up show in 2013 where the comedian made the offensive comments, with the hashtag #boycotttrevornoahinoz.

In the footage, Noah said that "all women of every race can be beautiful," then said: "And I know some of you are sitting there now going, 'Oh Trevor, yeah, but I've never seen a beautiful Aborigine.'"

He then went on to say, "It's not always about looks," and pretended to play a didgeridoo, a traditional long wooden wind instrument, in a suggestive way.

The clip has since been removed from social media. "I am so disgusted and appalled by the comments by @Trevornoah and his attempted humor that denigrates Aboriginal women I hope Australians boycott his shows in #Brisbane #Sydney #Melbourne #Perth," author Anita Heiss posted on Twitter.

Noah responded that Williams was right.

"After visiting Australia's Bunjilaka museum and learning about aboriginal history first-hand I vowed never to make a joke like that again. And I haven't," he said on social media. REUTERS

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Toronto police seek motive after gunman kills two, injures 13

Toronto Mayor John Tory said the city has a serious gun problem following Sunday's shooting.

Toronto police on Monday sought a motive after two young women, ages 10 and 18, were killed and 13 other people were wounded by a gunman on a busy, restaurant-filled street. The suspect was later found dead, authorities said.

"We do not know why this happened," Toronto Police Chief Mark Saunders told reporters on Monday, adding that he would not speculate about the gunman's motive. "It's way too early to rule out anything."

Toronto police on Monday named the suspect as 29-year-old Faisal Hussain, who family members said had been mentally ill all his life.

Hussain, armed with a handgun, opened fire at 10 p.m. on Sunday on a stretch of Danforth Avenue filled with restaurants and family-friendly attractions in the city's Greektown neighborhood, the Special Investigations Unit said. The gunman walked down the busy avenue firing.

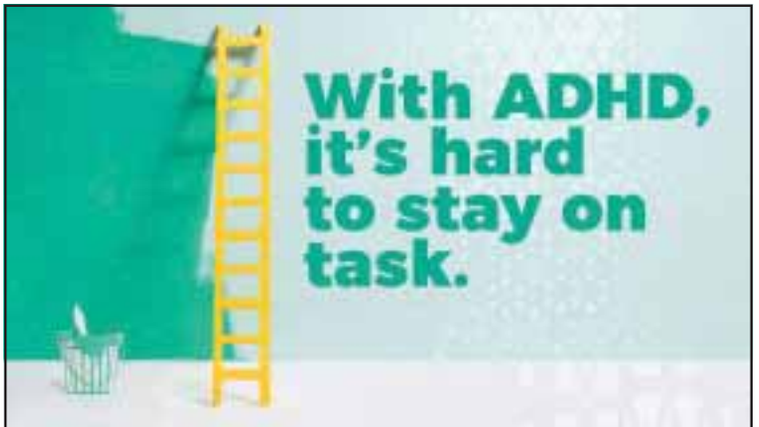
Police did not identify the two young women. Local politician Nathaniel Erskine-Smith confirmed the 18-year-old was Reese Fallon, a recent high school graduate who planned to study nursing.

"The family is devastated," Erskine-Smith said in a statement, adding that they ask for privacy while they mourn a young woman who was "smart, passionate and full of energy."

The gunman, a 29-year-old Toronto man, exchanged fire with police, fled and was later found dead, according to the Special Investigations Unit, which investigates deaths and injuries involving police.

The suspect, who was not identified, had a gunshot wound but authorities would not elaborate on the circumstances or cause of his death. A postmortem will be conducted on Tuesday, Special Investigations Unit spokeswoman Monica Hudon said.

Hours after the fatal shooting, in an apparently unrelated incident, a man with a knife was arrested during a military ceremony on Parliament Hill in Canada's capital, Ottawa. The defense ministry said no one was injured and



Symptoms of adult ADHD may include a lack of organization and becoming distracted easily, difficulty finishing tasks, poor listening skills, restlessness, chronic lateness, impulsiveness, even angry outbursts.

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gave no further details.

On Twitter on Monday, Prime Minister Justin Trudeau wrote, "The people of Toronto are strong, resilient and brave - and we'll be there to support you through this difficult time."

Toronto Mayor John Tory told reporters the city has a gun problem, with weapons too readily available to too many people.

"Why does anyone in this city need to have a gun at all?" he asked in an address to city councilors on Monday morning.

Canada's newly appointed minister of border security and organized crime, Bill Blair, who has been given the job of tackling gun violence, was to meet with Tory on Monday afternoon.

To own a gun in Canada an individual must apply for a license, pass a background check and pass a firearm safety test. Guns must be kept locked and unloaded and can only be legally carried outside the home with a special permit. Handguns and other restricted firearms require passing an additional course.

Canada's crime rate rose by 1 percent in 2017, the third consecutive annual increase, according to Statistics Canada. The murder rate jumped by 7 percent, due largely to killings in British Columbia and Quebec, while crime involving guns grew by 7 percent.

Toronto is grappling with a sharp rise in gun violence as gun deaths jump 53 percent to 26 so far this year from the same period last year. The number of shootings has gone up 13 percent.

Toronto has deployed about 200 police officers since July 20 in response to the recent spate in shootings, which city officials have blamed on gang violence.

Saunders said the police presence would be increased in the Danforth area following the shooting.

In April, a driver deliberately plowed his white Ryder rental van into a lunch-hour crowd in Toronto, police said, killing 10 people and injuring 15 along a roughly mile-long stretch of sidewalk thronged with pedestrians. REUTERS

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Could you get by on the average retirement income?

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ISTOCK

NerdWallet is a personal finance website.

The average household led by a retiree makes $48,000 annually before taxes and spends roughly $46,000 a year.

That's according to the Bureau of Labor Statistics' (BLS) measure of the income and outflow of "older households," meaning ones headed by someone 65 or older. Meanwhile, the annual average pretax income for all U.S. households is about $74,000 and expenditures are $57,000.

While the main source of money for those still toiling in the 9-to-5 world is, of course, wages from work, who signs the average retiree's $4,000-a-month paychecks? Here's the answer to the $48,000 question.

Retirees' trillion-dollar allowance

By far the biggest source of income for retired Americans is Social Security, which in 2018 will pay out about $1 trillion in benefits, according to data from the Social Security Administration. As of May, the average monthly Social Security benefit for retired workers was $1,412, or just shy of $17,000 a year. (Remember, this is per worker, not per household.)

Together Social Security and income from private and government pensions provide half — nearly $24,000 per year — of the income for the average older American household, according to BLS data. The second-largest chunk of retirement income — $3,300 a year, according to the data — comes from interest from savings, dividends from investments and income from rentals and other property.

Getting by on multiple income streams

If you're hoping an inheritance from a long-lost uncle will help you make it rain during your retirement, you should probably have a backup plan. Just 1% of 2,012 retirees surveyed by the Transamerica Center for Retirement Studies and Harris Poll said an inheritance was a primary source of income for the duration of their retirement.

Although Social Security may pay out less for future generations, it'll still be pumping out checks for some time. But if you're not covered by a pension plan — and nearly half of the private-industry workforce isn't — 401(k)s and IRAs will be even more important in your suite of retirement income sources.

Give yourself a retirement raise

If you're worried about having enough money for food, shelter and mai tais in your golden years, there's plenty you can do before, and even during, retirement to boost your income: Supersize your Social Security check: It pays off to postpone filing for benefits until after you're 67 (which is full retirement age for most people). If you can use other income sources for several extra years, your monthly benefit will go up by as much as 8% a year.

Give your savings a bonus when you turn 50: The IRS' birthday present for those 50 and older is allowing them to contribute more money to tax-shielding accounts.

How much retirement income will you have?

The answer depends on many factors — the age you retire, your life expectancy, monthly spending, long-term investment returns and more.

Don't have all the answers yet? No problem. A retirement income calculator does the math for you, based on things like the stock market's historical returns, average inflation rates and other inputs you can adjust based on your plans.

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Pat King
Grumble Editor

Just go home, Carl! ISTOCK

DON'T BE A HERO!
It's admirable to want to be good at your job. Your boss will always be impressed if you take initiative and work those long hours to go above and beyond what is asked of you. But, eventually your body is going to give in, and you will get sick. No one is spared, my friends. That's why it bums me out to no end whenever those people who gun for being "employee of the hour" every second of every day come to work with a full-blown flu or a nasty cold. You are just going to get everyone else sick! Is it really worth it? It almost feels like there is a doomsday clock counting down after they show up that tells me the exact time I am going to catch whatever the have. You can go one day without showing your face in the office if it means not spreading the plague around to everyone else who works there. Don't be a hero. You have sick days for a reason. So use them!

READER WRITE-INS:

SOCIAL MEDIA FATIGUE!
I saw your question about Facebook. It's a conundrum for me, too, but I'm down to spending only about 15 minutes on Facebook every three days. Sometimes less. What worked for me was finding a hobby so interesting that I wanted to spend every minute of my free time on it. First do the hobby. Second, stay off Facebook an hour or two before you go to sleep. So you'll be doing FIRST what you most long to do. At the end of the day there will be no time for Facebook. You'll only be able to glance at it in between other activities, or briefly in the morning or early evening. Good luck!
- Kathy Herrlich, *Metro US reader*

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The winning caption from Ryan Medina, *Metro Boston reader*

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Aries Don't take what others do or say personally. Find ways to contribute and move in a direction that suits your needs.

Taurus Your changeable attitude needs to be tempered if you want to get things done. Slow and steady is encouraged and will help deter others.

Gemini Forward thinking will help you make adjustments that may have seemed impossible in the past. Don't let anyone take advantage of you.

Cancer Partnerships will take an unusual turn. Don't fight inevitable change. What transpires will end up being to your advantage.

Leo Look for the best, most cost-efficient way to move forward, and then take the first step. Use intelligence, willpower and determination.

Virgo Discover what's available and what will serve you well when you're trying to adjust to circumstances you have no control over.

Libra Share your memories and stories with people who have something to contribute. Discussions will spark new ideas and result in lasting friendships.

Scorpio Size up whatever situation you face and look for moderate, realistic answers that will not break your budget or cause a falling-out with someone.

Sagittarius Don't let what's going on around you stop you from doing your own thing. Give others the freedom to do as they please, you will get the same.

Capricorn An emotional revelation will lead to positive change. Don't resist moving forward. Patience and an innovative vision will lead to victory.

Aquarius Stay on top of matters concerning people who tend to overdo it. Understanding and resilience will be required. Listen, but don't take over.

Pisces There is power in planning and adopting new ideas that will assimilate well with tried-and-true methods. EUGENIA LAST

Walk on the moon (in Meatpacking)

Samsung 837's new free virtual reality experience is astronaut-endorsed.

EVA KIS
eva.kis@metro.us

Former astronaut Mike Massimino takes one small step for man — and you can, too! — at Samsung 837's A Moon for All Mankind. PROVIDED

Want to walk on the Moon? Only 12 astronauts have been lucky enough to do it; the rest of you better start saving now for when Elon Musk decides to launch some kind of LiMoonSine service. Until then, the next best thing is A Moon for All Mankind, a new virtual reality experience that just arrived at New York's Samsung 837 showroom.

Free to play, A Moon for All Mankind is a "4D lunar gravity" experience created with the help of NASA that lets anyone feel what it's like to walk on the Moon. To prepare for your Moon mission, you'll be wearing a replica astronaut flight suit and clipped into a harness that simulates microgravity. Pop the Samsung Gear VR headset with a Galaxy S9+ smartphone on your head, and you're ready look, hop and reach anywhere within the gaming area — because the headset is untethered, you won't be limited by any cords.

To put it to the real test, Samsung had an actual former astronaut Mike Massimino, who now teaches mechanical engineering at Columbia University (when he's not guest starring on The Big Bang Theory), try out the rig.

"That was great; that was so awesome," he says as soon as he takes off the headset. "The experience, the whole thing from start to finish, getting here getting the briefing, getting dressed, it's just like we would do for real training events or for real spaceflights, so that's kind of cool. All of a sudden you're somewhere else and you forget you're in the middle of New York City."

Definitely helpful in the dog days of summer. All kidding aside, the space program has been languishing under the Trump administration and could use a boost right now, and an experience like this could spark new interest in the stars. As Massimino says, "This shows [people] what's possible in a very personal, graphical way, 'this is what your life could be like in the future,' and I think that's really powerful."

This year is the 50th anniversary of the Apollo Program that brought all 12 Americans to the Moon. Ironically, the tech being used to pretend like you're one of them is far more advanced than what got them up into space and back.

Previously, Samsung 837 has let you ride in Santa's sleigh and, err, experience the sinking of the Titanic. The showroom is located at 837 Washington St. in the Meatpacking District. For more information about A Moon for All Mankind and to schedule your moonwalk, visit 837gearvr.com.

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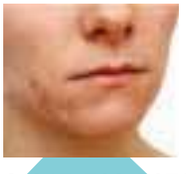

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Catch a star London barman at Nitecap

If there's one person who's defined London's cocktail scene in the last five years, it's Iain Griffiths. After distinguishing himself in his native Australia — he was bartending two days after his 18th birthday — and Edinburgh's lauded Bramble, he and business partner Ryan Chetiyawardana won back-to-back accolades for Best New International Cocktail Bar: White Lyan in 2014 and the game-changing botany bar Dandelyan in 2015.

The Dandelyan just scooped up another big win: World's Best Cocktail Menu at last weekend's Tales of the Cocktail, the Oscars of the bar world. To create it, Griffiths focused on plants and all things beyond booze, which caught the attention of Seedlip, maker of the world's first distilled spirit that's non-alcoholic

— think a mixer with sophisticated enough flavors to sub in for alcohol, without the usual sweetness and fruitiness.

Low-ABV cocktails have been trending since 2017 with aperitifs, niche liqueurs like amaro and fortified wines introducing Americans to the bitter flavors that dominate European drinking culture. To put Seedlip in the spotlight, the brand is launching its own No & Low Cocktail Bar on July 24-25, taking over 16 of the best bars around the world to challenge bartenders to create their own Seedlip cocktails.

But only one bar will have Griffiths personally shaking his own creations, and that's the Lower East Side's sexy speakeasy-esque Nitecap (151 Rivington St.) You don't need a reservation or tickets, just swing by and try his take on the low-ABV trend. Griffiths has created two cocktails, and will be making a handful of other No & Lo drinks from the Nitecap team as well: Garden with a View (Seedlip Garden, Campari, Dolin Blanc vermouth, citrus, soda) and Pepo Spritz (Seedlip Spice, salted passionfruit cordial, grapefruit soda, green olive). EVA KIS

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Kelly MacDonald on finding the right pieces for 'Puzzle'

The Scottish actress opens up about her new film.

GREGORY WAKEMAN
Gregory.Wakeman@metro.us

"Puzzle" opens Friday, July 27, in New York. SONY PICTURE CLASSICS

Kelly MacDonald is arguably one of the most underrated actresses working in cinema today. It's not as though the Golden Globe and Emmy-nominated actress has struggled to get work, having appeared in projects like "Gosford Park," "No Country For Old Men" and "Boardwalk Empire," it's that MacDonald has always possessed the quiet power and presence that would be perfect for leading a character-driven drama.

"Puzzle" gives MacDonald this opportunity, and she shines as Agnes, a housewife with a seemingly happy life, but finds a new calling when she starts making puzzles with Irrfan Khan's Robert. Ahead, the actress opens up about her approach to "Puzzle" and more.

What attracted you to 'Puzzle'?
It was the character really. I got sent the character and I started to read Agnes' story and I just found it really compelling. I just wanted to know what happened. Her life is fine. It is a fine life. The film is called "Puzzle," but it isn't about puzzles, but it just happens to be a jigsaw puzzle that opens the door inside her. And once that is open, there is no stopping her really, and she starts to question everything.

What was your process for finding the character?
We had a rehearsal period, but we didn't actually read a scene out loud, which is kind of unusual when you have the time to do that. I think the way I work is quite distinctive, and on the day is when I do a lot of the work. I had a bit of her backstory, and she is a fragile person, who had, it is less part of the film now, but in the script she'd had a bit of a breakdown after her father died.

What do you do to unwind?
I have to say puzzling has become that thing. I dabbled a few years ago, but in making the film I was surrounded by puzzles, so I stole them from the set. I would finish filming, go back to my apartment, and then decompress by doing a puzzle, which was ironic.

As your first leading role, did you change your approach to the film?
It is not my first leading role, but I haven't done it in a while. At the time, I didn't think about it too much. It is not like you act harder than you do normally. I did the same amount of preparation. It just felt the same, like I am part of a great ensemble. And I truly think that's what this film is. It feels nice. I have worked hard for a number of years, and it feels nice to have the opportunity to stretch more muscles here.

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Trade market for Mets' Asdrubal Cabrera heating up

The veteran second baseman is having a strong season for the slumping Mets.

JOE PANTORNO
joseph.pantorno@metro.us

After begging for a trade last season, not only is Asdrubal Cabrera still manning second base for the New York Mets, but he's thriving. However, that might not be for long.

ESPN's Buster Olney has reported that there are multiple teams interested in trading for the 32-year-old. The Milwaukee Brewers, Philadelphia Phillies and Cleveland Indians are three teams that are known to be pursuing him.

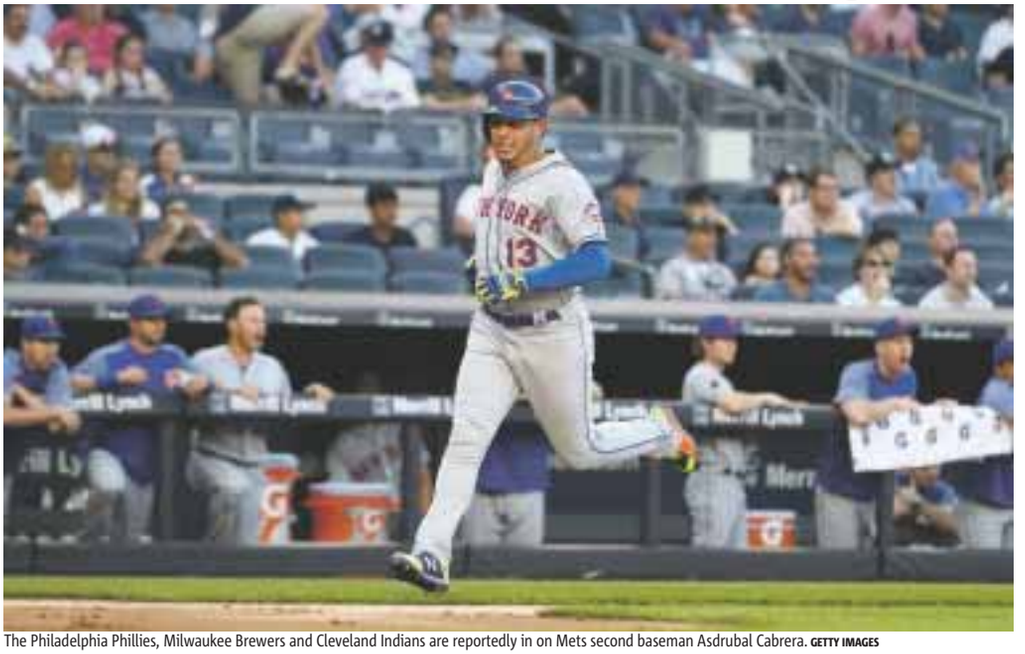
Cabrera is having one of the finest seasons of his career, his 12th in the majors as the switch-hitter is slashing .280/.332/.487 with 17 home runs and 53 RBI in 94 games. He would provide an underrated bat with power that could be an immense help for contending teams that are in need of a boost outside of the Nos. 3, 4 or 5 spots of their respective lineups.

With his contract expiring at the end of this season, the Mets have to get something for him now before he walks in free agency. Though recent history has shown that ownership is not concerned with getting the best possible talent in return (the Mets traded Jeurys Familia to the Oakland Athletics for nothing more than salary relief and lowly-touted prospects).

In the field, Cabrera is a natural shortstop who is capable of playing second or third base as well, which makes him even more of an attractive target down the stretch.

The Phillies, who are battling to stay atop the Atlanta Braves for the NL East lead, are getting little out of starting shortstop Scott Kingery, batting just .237 with four home runs and 28 RBI in 94 games. His struggles were a main reason the Phillies were in on the Manny Machado sweepstakes before he was dealt to the Los Angeles Dodgers. However, Cabrera would be a solid consolation prize and a sizable upgrade at the position.

New York though might be wary of dealing Cabrera to a divisional rival.



The Philadelphia Phillies, Milwaukee Brewers and Cleveland Indians are reportedly in on Mets second baseman Asdrubal Cabrera. GETTY IMAGES

In Milwaukee, the Brewers could use Cabrera at either second or shortstop. The young Orlando Arcia's struggles at short resulted in a demotion to the minor leagues while starting second baseman Jonathan Villar is on the 10-day DL after spraining his right thumb.

It's forced the Brewers to roll out the light hitting Hernan Perez at second base every day, which would seem to be Cabrera's spot should he be dealt there. Milwaukee might have something promising brewing with 28-year-old shortstop Tyler Saladino, who is hitting .287 in his first 31 games with the club after being purchased from the Chicago White Sox. Not many chances can be taken though as the Brewers are in danger of falling out of contention in the NL Central as they trail the Chicago Cubs by 3.5 games entering Monday night.

The Indians though could reunite with Cabrera for a stretch run as they continue to close in on the AL Central crown. Their divisional lead is already nearing 10 games with some fine tuning needed before a seemingly-imminent playoff run.

One of their largest weaknesses is second baseman Jason Kipnis, who is struggling mightily with a .219 average in 90 games this season. The 31-year-old continues to see his play dip, his average continuously sinking ever since an All-Star campaign in 2015 resulted in a .303 mark at the plate.

Why New York Giants fans should have hope ahead of training camp

As training camp draws near, the Giants have a lot to be excited about.

KRISTIAN DYER
sports@metro.us

Training camp starts this week and the hope for the New York Giants is that they can rebuild after a terrible 2017 season where their 3-13 record was good for the most losses in franchise history. But 2018 should be a better year for the Giants.

And here are three reasons why:

THE GIANTS WERE BETTER THAN THEIR RECORD

This is a team that last year boasted the best wide receiver in the league, a two-time Super Bowl MVP at quarterback and a pretty decent defense that allowed the second-fewest points per game in 2016. And yet somehow, a combination of injuries, poor coaching, even poorer roster construction and a locker room that splintered apart came together to create the worst season in Giants history.

The fact that the Giants return talents such as wide receiver Odell Beckham Jr. and that quarterback Eli Manning is just a year removed from 4,000 passing yards gives hope for this team to turn things around.

The Giants have more talent than the second-worst record in the NFL a year ago. In fact, this team has the type of talent that, with a break or two, could see them contending for a playoff spot this year.

THE RUNNING GAME WILL BE IMPROVED

Saquon Barkley is a new face of the New York Giants. GETTY IMAGES

All the buzz about Saquon Barkley is a bit much as the No. 2 player taken in the NFL Draft still will have a learning curve during his rookie year. But make no mistake about it, the total package that is Barkley gives the Giants the most talented running back in terms of raw skill set that this franchise has seen over the past half-century.

He instantly will help provide a spark for an offense that struggled to run the ball much of last year and he is a receiving option out of the backfield as well. The addition of free-agent left tackle Nate Solder and guard Patrick Omameh, as well as the drafting of guard Will Hernandez, will all help to spark things for the Giants. Barkley will have holes and will be productive in his rookie year, making the offense more balanced then in years past.

Even if Barkley doesn't live up to the hype — which truthfully he may not during his rookie year — he will be a drastic improvement for the Giants in the backfield. This will not only balance the offense but help the Giants sustain drives, eat up clock and keep their defense off the field a bit more – all three of which were major issues last year.

CULTURE CHANGE

Last year, it was obvious that the Giants were falling apart as a team. A storied franchise was taking its lumps off the field, with several players suspended and teammates pointing fingers at each other. The entire culture was simply toxic.

In comes general manager Dave Gettleman and head coach Pat Shurmur, changing the feel of the organization. They talked about a clean slate, about giving players a new chance and a fresh start. They've meant it to date.

There is talent on this team, a combination of veterans with Super Bowl experience, rising stars and some very exciting young talent. This isn't last year's team. The record won't be close to the same either. There is reason to believe that the Giants will be better, more balanced and a more mature side in 2018.

Are they locks to return to the playoffs? Far from it. But they will be better and they should be playing competitive football deep into the regular season. From there, who knows?

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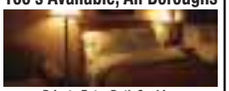

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LEGAL NOTICES

SUPREME COURT OF THE STATE OF NEW YORK, COUNTY OF WESTCHESTER
Index No.: 53641/2018
Date Purchased: March 15, 2018
BANK OF AMERICA, N.A., Plaintiff, - against- DAVID G. LESLIE, Defendant. SUMMONS TO DAVID LESLIE: YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not served with this summons, to serve a Notice of Appearance on the plaintiff's attorney within 20 days after the service of this summons, exclusive of the day of service (or within thirty days after the service is complete if this summons is not personally delivered to you within the State of New York); and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded herein. Plaintiff designates Westchester County as the place of trial in this action. The basis of venue designated is the place of business of Plaintiff. Dated: White Plains, New York March 15, 2018
DelBello Donnellan Weingarten Wise & Wiederkehr, LLP Attorneys for Plaintiff
Peter S. Dawson, Esq.
One North Lexington Avenue
White Plains, New York 10601
(914) 681-0200.
This action seeks damages for breach of a credit line agreement in the amount of $354,828.94 together with interest through the date of entry of judgment and legal fees in a sum to be determined. This Summons is hereby served by publication by order of the Hon. Sam D. Walker,
J.S.C. Westchester County
Supreme Court.

NOTICE OF FORMATION of Quality Finishes Painting L.L.C. Articles of Org. filed with the Secy. of State of New York (SSNY) on 05/17/2018. Office location: Bronx County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 100 Bellamy Loop, Bronx, NY 10475. Purpose: Any lawful activity.

Notice of Formation of HY & MEI LLC. Arts. of Organization filed with the Secretary of State of New York (SSNY), on 05/04/2018. Location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to 1501 Broadway, Suite 2600, c/o Gabby Chen, New York, NY 10036. Purpose: any lawful activity

NOTICE IS HEREBY GIVEN that a license, Number 1306175, for Restaurant Wine has been applied for by the undersigned to sell Beer, Wine & Cider at retail under the Alcoholic Beverage Control Law at 47-08 47th Ave., Woodside, NY 11377. Queens County, for on premises consumption. Taqueria Santa Fe Corp. d/b/a Taqueria Santa Fe

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21 "__ on it!"; cry to a slow-poke
22 Cowboy's rope
23 Higher of two
25 Heavy weight
26 President Harding
28 Frank; open
31 Part of the arm
32 Investigation
34 Fem. title
36 Radar screen image
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42 Self-centeredness
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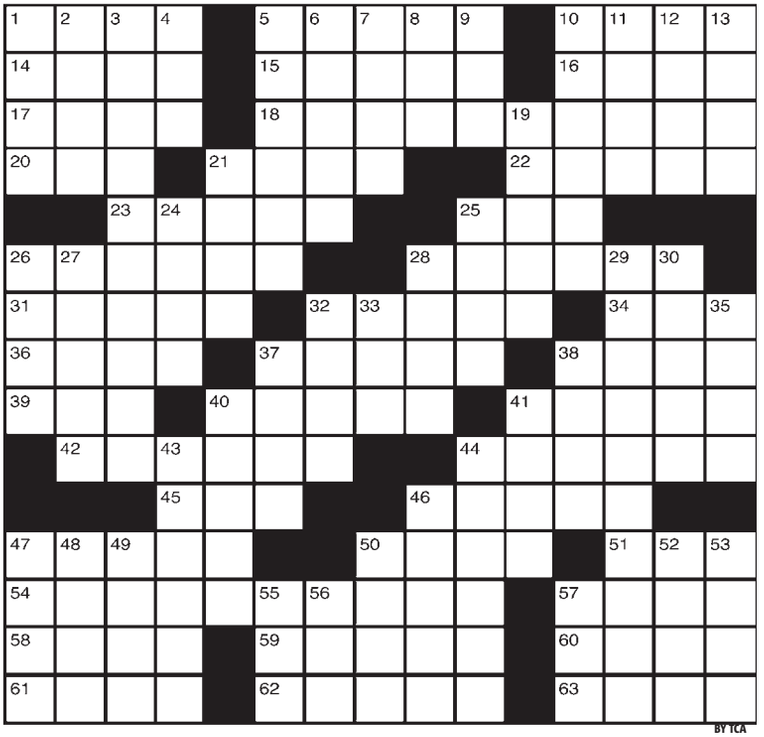
47 Unflinching
50 Meat store purchase
51 3 months ago: abbr.
54 Leading the way
57 Up to the task
58 Tool with a blade
59 Rent long-term
60 Biting insect
61 In __ of; lacking
62 Couch potato
63 Cubs or Bears

DOWN

1 Store away
2 Strong desire
3 Upsetting
4 Notice
5 Rancid
6 Shade of yellow
7 Shallow's opposite
8 __ inflammation; otitis
9 Late bedtime
10 __ on; intermittently
11 Linkletter & others
12 Golf pegs
13 Long sandwich
19 Without companions
21 Gush forth
24 __ up; support
25 Keep __ on; watch carefully
26 Spider creations
27 TV's "Kate & __"
28 Morse __
29 Like a road that can't be crossed
30 Boring tool
32 Overly proper
33 Last bk. of the Bible
35 Remain
37 Quick
38 Enjoy a long bath
40 Family tree member
41 __ over; faint
43 Gave one's views
44 Scanty
46 Good judgment
47 Spick-and-__; very clean
48 Laundry soap
49 Leak out
50 Small bottle
52 Tearful request
53 Paper quantity
55 Inventor Whitney
56 Blushing
57 Toward a ship's rear



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R	V	S	R	L	A	A	O	C	I
H	A	I	A	O	N	U	C	E	T
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R	E	Q	I	T	K	W	H	N	D
T	L	C	L	E	O	H	E	K	E
K	I	H	U	Q	E	R	E	N	D
K	A	N	S	A	S	E	D	E	B

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	1		3				9	
7		9			4		5	3
6	3	5			9		2	8
					3		6	

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